



# Symbols & Stories™

Defy the Ordinary. Create Your Way.

## Purpose

Our wall hangings are more than decorative pieces—they are woven landscapes of memory, remembrance, and connection. Each design integrates macramé, sensory textures, and cultural storytelling to transform spaces into sanctuaries that honour connection, identity, and collective wellbeing.

## Vision

To weave art that bridges tradition and modern living, transforming walls into spaces that reflect personal and community resilience, identity, and reclamation.

## How Our Wall Hangings Came to Be

Our wall hangings emerged as a way to start and expand conversations about the parts of our lived experiences that matter to us most. These tangible textiles serve to softly bridge and acknowledge heritage, identity, and generational connections. What began as macramé artistry evolved into woven storytelling—threads carrying memory, resilience, and wisdom. Each knot became more than design; it became tactile teachings and reminder that our hands are the conduit through which more of our sensibilities are discovered, activated, and integrated in purposeful ways.

## Key Outcomes

- Transformative Spaces – Wall hangings turn everyday environments into sanctuaries for connection
- Cultural Preservation – Each piece preserves lineage and generational memory
- Community Wellness – Sensory textures nurture collective wellbeing, inclusivity
- Educational Value – Serve as tools for storytelling, somatic awareness, and cultural literacy in schools, centers, and workplaces
- Collective Empowerment – Shared creations strengthen identity, belonging, and community bonds
- Sustainable Practice – Crafted with mindful and eco-conscious materials and techniques that honour the earth, all generations (past, current, and future), and living things.
- Collective Empowerment: Shared creations strengthen identity, connections, and sustainability

## Teaching & Impact

- Preservation of Heritage – safeguarding traditions & intergenerational memory
- Reclamation of Identity – restoring cultural visions, stories, and voices within the spaces we inhabit
- Honoring Lineage – recognizing the wisdom carried through the hands and threads of ancestors
- Embodied Healing - inviting touch, texture, and rhythm as pathways to wellness and sensory harmony
- Collective Connection – strengthening bonds by transforming walls into shared sanctuaries of resilience and belonging
- Tradition - making space to explore technologies of the past while integrating them with contemporary practices through innovative methods





# Macramé Affirmation Dolls™

Defy the Ordinary. Weave Your Legacy.

## Purpose

Our dolls are more than art objects—they are tactile vessels of resilience, reclamation, and rediscovery. Each piece integrates macramé, sensory wellness, and cultural storytelling to nurture identity and personal and/or collective wellbeing.

## Vision

To create ceremonial art pieces that are not only self-affirming, but also which honour one's sense of belonging. Our dolls serve to acknowledge lineage, heritage, and ethno-culture themes and traditions – while also being sensory-friendly inclusive tools for reclamation, healing, and empowerment.

## How Our Dolls Came to Be

These textured creations emerged as a response to the need for tangible, sensory-driven ways to acknowledge divergent sensibilities that are tethered to the unique lived experiences, and nuances of life, that impact our sense of wellbeing. What began as macramé artistry evolved into storytelling through fibers, textures, tones, and styles that reflect echoed wisdom, integrated resilience, and creative expansion.

## Key Outcomes

- Distribution of dolls in schools, cultural centers, and wellness programs.
- Collaborative workshops and ceremonial storytelling events.
- Sponsorship and partnership opportunities to amplify reach and impact.
- Archival collections documenting resilience and cultural reclamation.
- Collective Empowerment: Shared creations strengthen identity and connections
- Community Wellness: Sensory-friendly textures & colors support healing practices.
- Educational Value: Tools for storytelling, archiving, and somatic benefits.

## Teaching & Impact

- Preservation of Heritage – safeguarding traditions & intergenerational memory.
- Reclamation of Identity – restoring cultural visions, stories and voices
- Honoring Lineage – recognizing the wisdom carried through the hands.
- Tradition - making more space to explore technologies of the past

